

# DRSABCD Action Plan

## Danger?

Check for danger to you and others

## Responsive?

Talk and touch - ask name - squeeze shoulders



## Send for help

Call 000 for an ambulance



## Airway

Check the nose and mouth are clear



## Breathing

Look, listen and feel for 10 seconds

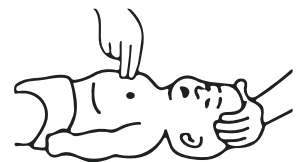
If breathing - turn on side

If not breathing - start CPR



## CPR

30 chest compressions : 2 breaths



## Defibrillation

Apply defibrillator and follow the instructions Continue CPR & Defibrillation until normal breathing or responsiveness returns

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