#### DRSABCD ACTION PLAN



D

### Danger

Ensure the area is safe for yourself, the patient and others.

R

#### Response

Check for response by asking name and squeezing shoulders. NO

Send for help.

YES

Monitor, make comfortable, check for injuries.

S

# Send for help

Call triple zero (000) for an ambulance.

A

# **Airway**

Open mouth and check for foreign material.

NO

Place patient on back. Tilt head & lift chin to keep airway open. YES

Place patient in recovery position.
Clear airway with fingers.

B

# **Breathing**

Look listen and feel for normal breathing.

NOT BREATHING NORMALLY

Place on back and start CPR.

NORMAL BREATHING

Place in recovery position.

C

#### **CPR**

Give 30 compressions followed by two rescue breaths, or commence compression only CPR.

D

#### **Defibrillator**

Apply defibrillator and follow the device's visual and verbal prompts. Continue CPR until help arrives.